



*Winter 2023 Edition of the Norfolk and Suffolk Group
Newsletter*

Dear Member,

Welcome to the Winter 2023 edition of the CSPA Norfolk and Suffolk Group Newsletter. I hope you were able to have an enjoyable Christmas and wish you all a happy and healthy new year.

The next Group meeting will be on Wednesday, 22 February, 2023, at 2 pm at Chapel Field Road Methodist Church, Norwich, NR2 1SD. This will be our Group AGM. In fact it will be the first AGM of the new Norfolk and Suffolk Group. There will need to be a couple of extra items of formal business to deal with this change, but most of the agenda will be as usual.

We are very pleased that David Luxton, CSPA Deputy General Secretary, has agreed to be our guest speaker, so I hope that as many of you as can come will do so, to make it a successful gathering of Members. The Agenda and full details of the meeting are shown on page 4 of this Newsletter. Apologies for absence from anyone not able to come would help us gauge the level of interest in attending meetings from our membership as a whole.

I welcome Members of the former Suffolk Group. We are very sorry that the Suffolk Group has not been able to continue as a separate Group and hope that you will all feel a full part of the new combined Group. I will say more on that later.

I would like to thank those who have worked hard for Suffolk in the past and we would welcome any contribution you feel able to make in the future. I particularly thank Muriel Palmer for her efforts and also Neville Jarvis, who has kindly agreed to join the Group Committee.

Transferring all Suffolk Members to the new Group was the simplest way of dealing with the situation, but Members do not have to transfer to Norfolk and Suffolk. Under CSPA arrangements, Members may join whichever local Group they wish. If you feel that it would be more appropriate for you to join Cambridge, Essex or Peterborough (or any other Group for that matter) all you have to do is to contact the Secretary of the Group and inform Head Office that you wish to transfer. If you do wish to move, it would help us if you could also inform our Membership Secretary, Frank Edwards, so that we can ensure that you don't "fall through the crack so to speak". The person to contact for Cambridge is: xx the person to contact for Essex is: and for Peterborough: . If you wish to move further afield Head Office can advise of the person to contact. The objective in giving you this information is to help ensure that wherever you live, you can be a Member of the local Group of your choice.

We want to make all Members of this Norfolk and Suffolk Group feel welcome and we will do all we can to hold meetings in the best locations for Members, so if you would like to meet up, please do say where would be best for you. A few years ago we did ask all Norfolk Members where would be best for them to meet. The result of that was that although the Group covers a large geographic area, the majority of those who said they would like to come to meetings voted for Norwich. Although this was not necessarily the nearest location to where they live, they felt that it is usually possible to make it to Norwich, but that venues other than those nearest to home would be more difficult to reach. Now that the Group covers an even larger area, we would like to know your preferences so that we can achieve the best overall outcome. Please note that we do not necessarily seek to hold all meetings in the same place, but there would be little point in making changes if that would not achieve a better outcome for Members overall. If you would like to come to meetings from time to time, please let our Group Secretary, Tim Hartstone, know your preferred location(s), so we can collate responses and see where that takes us. The contact details for all Committee members are shown at the foot of page 4 of this Newsletter.

Richard

Group Subscriptions

Paying a small subscription to the Group is entirely voluntary. A reminder that Group subscriptions were due on 1 January, 2022 (£3 for individual membership; £5 for joint membership). Group subscribers who pay by cheque should make cheques payable to CSPA and send them to the Treasurer, Alan Marrs, 38 Three Corner Drive, Old Catton, Norwich, NR6 7HB. Alternatively, subscriptions can be sent by bank transfer (BACS) to the following account:

Account Name: Civil Service Pensioners Alliance Norfolk Group; *Bank:* HSBC; *Sort Code:* 40-35-09; *Account No.:* 11265768; Please quote your name as reference. If you have not subscribed to the Group before, please also let our Treasurer have your contact details for reference.

Donations to the Lifeboat Fund can also be sent to the Treasurer. Cheques should be made payable to CSPA and endorsed "Lifeboat Fund" on the reverse.
Thank you

Alan.

CHANGES OF PERSONAL DETAILS, ETC.

If you change your address or other details, please remember to let the Group Membership Secretary, Frank Edwards, know. Please also contact Frank in the event of the death of a CSPA member to avoid the distress of unwanted mailings.

**The Annual General Meeting of the Group will be held on
Wednesday, 22 February, 2023, starting at 2-00pm,
at Chapel Field Road Methodist Church, Norwich, NR2 1SD**

Tea/coffee will be provided

**The guest speaker will be David Luxton,
CSPA Deputy General Secretary.**

AGENDA

1. Welcome and apologies
2. Minutes of the Annual General Meeting held on 23 February, 2022
3. Matters arising
4. Secretary's Report
5. Treasurer's Report and adoption of the Group Annual Report and Accounts for 2022
6. Change of Group name to Norfolk and Suffolk
7. Elections to Group Committee and Group delegate to CSPA AGM.
8. Motions for Discussion (Please let our Secretary, Tim, know if you wish to propose a motion, but motions can be accepted at the meeting)
9. Open Forum
10. Any other business
11. Date and venue of next Meeting; Wednesday, 24 May, 2023,
at Chapel Field Road Methodist Church, Norwich, NR2 1SD

YOUR CURRENT COMMITTEE MEMBERS ARE:-

Chairman:	Richard West	01603 423144	richard.west08@gmail.com
Secretary:	Tim Hartstone	01603 393209	t.hartstone@hotmail.co.uk
Treasurer:	Alan Marrs	01603 410739	
Membership:	Frank Edwards	01842 766097	frank.edwards30@sky.com
	Derek Land	01508 520532	derek.land@electramail.co.uk
	Margaret Noble	01493 296246	megnob43@gmail.com
Delegate	John Thompson	01502 581481	johntommo6@btinternet.com
	Neville Jarvis	01394 275490	neville.jarvis1@btinternet.com