

Bournemouth and District
Group Lunch - December 2023
See back page

CSPA, Head Office, Grosvenor House, 8th Floor, 125 High Street, Croydon, CR0 9XP. Tel: 020 8688 8418

September 26th meeting cancelled.

Our booking for September has been cancelled by the Church as they are carrying out essential tree felling and maintenance work in the grounds and car park. We will be back to normal in October.



Monthly Meetings - No meeting: August or December

We are still holding our meetings at 10.45 am on the **fourth Tuesday** of the month,

(this is not always the last) on the ground floor in the newer part of the building. at: St Mark's Church Hall, Wallisdown Road, Talbot Village, Bournemouth, BH10 4HY.

Bus stop: St Mark's Church. As well as any normal public bus you can catch any

UNI bus: they are not just for students. <https://www.unibuses.co.uk/services>

Parking at the church is at the back as well as the front of the building.

Sadly, because of rising cost for speakers, refreshments etc., we have had to increase our entrance fee to **£4.00**. This includes tea and biscuits as well as a speaker and is still far less than many other local talks are charging.



No meeting in December

24th October 2023

Neil Meldrum

“The Enigmatic Ancient Maya”

Have you ever wondered about the fascinating and enigmatic civilisation of the Ancient Maya of Mexico and Guatemala? Why and how did they develop such a brilliant and original civilisation in the jungles of Central America and why did it apparently disappear?

28th November 2023

Mark Horsford

MICHAEL HOUSE 



An independent non-denominational charity which provides for the needs of the homeless in South West Dorset and pioneered the first ever Night Shelter and Day Centre for the homeless in Dorset which operated for a decade. Michael House opened in 2000 and is a mixed gender hostel. They recently recorded their 700th resident.

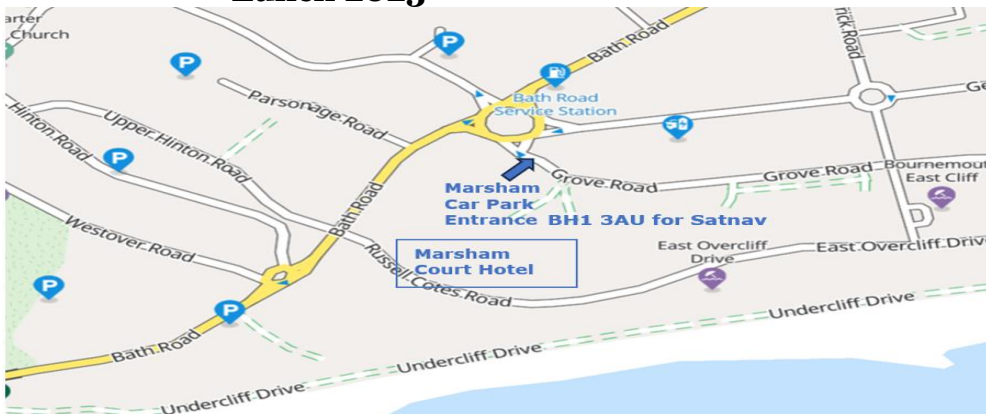
No meeting in December but

5th December 2023

Christmas Lunch – see page 4.



**Bournemouth and District Annual
Lunch 2023**



23rd January 2024

Jo Amey

**“The Story of Decorative Tiles. -
Medieval to Mid-Century”**

The colourful story of decorative tiles from Medieval times to the present day is told by Jo and illustrated with slides of tile art.



27th February 2024

Charles Rees

"Richard III and his Mother" - She was Cicely Neville, the rose of Raby, a great beauty and hugely wealthy. It makes Richard real whereas Shakespeare's Richard is a tragic comic monster. Richard saw his mother assaulted, possibly raped when he was 7 and his father and brother killed when he was 8. His mother died when she was 80 having seen her four boys die, two of whom were kings. This talk hopes to humanise Richard and give the respect to his mother which she deserves.

26th March 2024 - AGM

Full details in next newsletter

After much searching we have secured the 5th December date at the family run Marsham Court Hotel in Russell Cotes Road Bournemouth BH1 3AB



Parking is limited at the front but there is a rear car park in Grove Road. Free for us to use on a first come first served basis but you are able to book a parking space if you are disabled.

The reason we changed location was because after using the Mayfair Hotel for many years, it was booked on a long term basis for refugees so we were no longer able to go there. Due to this we used the Elstead last year, only to find that that too was no longer available because it had been bought by the former football manager Harry Redknapp's property development firm. The Elstead is not doing food after October and we are not sure what will eventually happen to the site.

We'd love you to come along and try the new venue. Please see the menu and booking form on the back page.



3 Russell Cotes Road
East Cliff

Bournemouth

BH13AB

Phone 01202 552111

Rear Car Park use BH1 3AU for Satnav

Bournemouth and District CSPA

Annual Lunch

Tuesday 5th December 2023

12.00pm for 12.30pm

3 courses plus tea/coffee: £29.75 per head total

Price includes gratuities for the restaurant staff and a raffle

Duck, Chicken, Pistachio and Sour Cherry Terrine served on a toasted Granary slice

C GFO Mu N

King Prawn, Calamari and Mussel Salad with Aioli **Cr E Mo Mu**

Tabbouleh Salad with Cauliflower Rice and Lemon Dressing **Ve**

Carrot and Ginger Soup with Croutons **GFO Ve**

Traditional Roast Turkey and Gammon with all the Trimmings

SD GFO

Braised Featherblade of Beef with Wholegrain Mustard Mash **C M Mu SD**

Grilled Fillet of Salmon with Hollandaise Sauce and Samphire **E F M**

Goats Cheese, Butternut Squash and Sage Strudel with a Provençale

Sauce **C G M V**

Roasted Butternut Squash stuffed with Nuts and Vegetables with a Provençale

Sauce **C N Ve**

Vegan Chocolate Torte **So Ve**

Festive Winter Berry Trifle **E G M SD V**
 Lemon and Elderflower Posset with Gingerbread Crumb and Gooseberry
 Jam **GLO W A**
 Christmas Pudding with Brandy Sauce **E G GFO N M SD V**

V Vegetarian **Ve** Vegan **C** Celery **Cr** Crustaceans **E** Egg **F** Fish **G** Gluten **L** Lupin **M** Milk **MO** Molluscs **MU** Mustard **N** Nuts **P** Peanuts **S** Sesame Seeds **So** Soya **SD** Sulphur Dioxide
GFO Gluten free option available. All courses may contain traces of nuts, dairy, gluten, fish which may have bones, celery and other products. Please ask a Manager for more information

If you would like to attend, please write your choices from the menu above on the booking form below. Please make a note of what you have chosen. **Send your forms and payment direct to Liz Malin.** We do not normally send an acknowledgement. If you require one, please send a stamped self-addressed envelope.

Please note: the hotel will charge in full for any cancellations after Tuesday 21st November. Payment at the very latest by the 14th of November please. Cheque made payable to: CSPA Bournemouth.

NameTel:
 Email:

Address:

Postcode:

Please reserve places at the lunch on 5th December 2023. Cheque for: £
 enclosed,

Please put name under 'Person' if booking for more than one	Person 1	Person 2
Starter		
Main		
Dessert		

By 14th November, please send to: (Please give details on a separate sheet for any more than 2 attending) **Liz Malin, Harvest Cottage, North Street, Winterborne Kingston, Blandford Forum, Dorset, DT11 9AZ**
Tel: 01929 472441 Email: lizmalin1@gmail.com