

Bournemouth and District

CSPA HQ 160 Falcon Road, London, SW11 2LN Tel: 020 8688 8418 Email: enquiries@cspa.co.uk Website: https://www.cspa.co.uk/

Notice of Christmas Lunch 11th December 2025

- details inside -

Monthly Meetings - No meeting in December

We are still holding our meetings at 10.45 am on the fourth Tuesday of the month (this is not always the last) on the ground floor in the newer part of the building, at: St Mark's Church Hall, Wallisdown Road, Talbot Village, Bournemouth, BH10 4HY

Bus stop: St Mark's Church. As well as any normal public bus you can catch any UNI bus: they are not just for students. https://www.unibuses.co.uk/services

Plenty of parking at the church, at the back as well as the front of the building.

Something completely different for our 23rd September meeting



As a change from our usual programme of speakers we shall be entertained by the - "Quayside Cloggies"

A dance and musicians team which specialises in Morris Clog dances, originating in the North West of England. Most of the team are ladies but two are gentlemen. Here are some of the team dancing at the Wimborne Folk Festival.

We shall be in the big hall for this so please feel free to bring along any guests with you, they don't have to be CSPA members.

Bournemouth and District CSPA Annual Lunch 2025

Thursday 11th December at the family run Marsham Court Hotel in Russell Cotes Road Bournemouth BH1 3AB (Car park BH1 3AU) 12.00pm for 12.30pm 3 courses plus tea/coffee: £36.50 each

Price includes gratuities for the restaurant staff and a raffle

If you would like to attend, please write your choices from the menu on the booking form below. Please make a note of what you have chosen. **Cheque made payable to: CSPA Bournemouth or pay by BACS using your surname followed by "Lunch" as reference.** Send your forms and cheques direct to Liz Malin. Or if you pay by BACS please email your choices. We do not normally send an acknowledgement. If you require one, please send a stamped self-addressed envelope.

Please note: the hotel will charge in full for any cancellations after Wednesday 20th November. Payment at the very latest by the 15th November 2025

Main

Dessert

Bournemouth and District CSPA Annual Lunch 2025 Booking Form

Name Email:

Address:Postcode:		
Please reserve places for lunch on 1th December 2025 * Cheque for: £ enclosed * £paid by BACS (*Please delete as appropriate) Bank: Santander Account name: Civil Serv Pens Alliance Bournemouth and Dist Grp Account no: 19591601 Sort code: 09-01-52		
Please put name under 'Person' if booking for more than one. Starter	Person 1	Person 2

Send to: Liz Malin – Secretary, Harvest Cottage, North Street, Winterborne Kingston, Blandford Forum, Dorset, DT11 9AZ Tel: 01929 472441 Email: lizmalin1@gmail.com

MENU

Starters

- Cream of Wild Mushroom and Tarragon Soup with Truffle Oil Drizzle (C, VE)
- Quinoa and Chickpea Salad, with Cucumber Heritage Cherry Tomatoes and Chimichurri Dressing (VE)
- Chilli, Lime and Coriander King Prawn Cocktail on a Bed of Crispy Leaves (Cr, Mu)
 - Chicken, Bacon and Avocado Tian with Oregano and Olive Oil Brushed Ciabatta Crouton (G, E, GFO)

Mains

- Roast Turkey and Baked Ham with all the Trimmings (G, E, M, SD, GFO)
- Beef Shin, Green Peppercorn and Root Vegetable Pie with Puff Pastry Lid
 (G, E, SD)
 - Honey, Soy and Ginger Glazed Grilled Salmon with Sweet Chili Jam (F, S, So, GFO)
- Vegan Spanish Paella with Plant Based Chorizo, Mediterranean Vegetables and Saffron Ric (So. VE)
- Wild Mushroom, Goats Cheese and Caramelized Red Onion Filo Pastry Pie with Tomato and Roasted Red Pepper Sauce (G, E, M, V)
 - All main courses served with Vegetables & Potatoes

Desserts

- Gluten Free Spiced Apple and Winter Berry Crumble with Crème Anglaise (M, V, GFO)
 - Classic Sherry and Chocolate Trifle with Custard and Fresh Chantilly (G, E, M, V)
- Genoise Sponge and Dark Chocolate Tian with Freshly Whipped Cream and Edible Flowers (G, E, M, V)
- Vegan Raspberry and Lemon Curd Fool with Chilled Roasted Rhubarb (VE)

Freshley Filtered Coffee & Mints

(V) Vegetarian (VE)Vegan (C)Celery (Cr)Crustaceans (E)Egg (F)Fish (G)Gluten (L)Lupin (M)Milk (Mo)Molluscs (Mu)Mustard (N)Nuts (P)Peanuts (S)Sesame Seeds (So)Soya (SD)Sulphur Dioxide (GF)Gluten free option available.

All courses may contain traces of nuts, dairy, gluten, fish which may have bones, celery and other products.

Please ask a Manager for more information.



Appeal - Please can we have some more?

It was way back in 2017 that we last made an appeal for financial help yet many groups do this annually. Members' generosity back then has kept us going till now. We appreciate that financially times are harder but unfortunately we are forced to ask again. You may not know that local groups don't get any money from the membership you pay to CSPA. This is all used for running the organization centrally and campaigning for our pensions and pensioner rights. (See website https://www.cspa.co.uk) The operating costs of the Bournemouth and District Group increase each

year and despite the regular financial contribution made by those members who can attend our monthly meetings, it is now extremely difficult to cover costs.

We are one of the three oldest groups in the country and as we do not want to go the way of many of our neighbours and shut down, if you feel able to donate, however little, towards the Group's annual operating costs this would be greatly appreciated.

Anyone wishing to do so should send their donation to the Group Treasurer:

by BACS: Bank: Santander Account name: CSPA Bournemouth & District Group

Sort code: 09-01-52 Account no: 19591601 Reference: Donation

Please email the treasurer foster.dm@outlook.com if you'd like confirmation of receipt, as all he gets on the statement is the surname and amount

By cheque: to CSPA Bournemouth and District Group posted to the treasurer:

David Foster, CSPA Bournemouth & District Group Treasurer,

4 Roscrea Drive, Bournemouth BH6 4LU

Please enclose a stamped self-addressed envelope if you'd like an acknowledgement.

By cash: handed to Treasurer at the meeting (or Secretary if he is not present)

Thank you in advance for your kindness should you decide to contribute.

CSPA Bournemouth and District Programme September 2025 -April 2026

23rd September 2025 - Quayside Cloggies

28th October 2025 - Richard Hutley - Pyramids

Who built them, why and for what purpose? Pyramids have been found on every continent (except Antarctica at this time). What's their connection to the Cosmos? The facts & evidence may be more intriguing than we believe.

25th November 2025 - Paul Miles - Talk and Activity:

The Archaeology of Bournemouth Square (bring a magnifying glass if you have one)

Thursday 11th December - Bournemouth and District CSPA Annual Lunch 2025

27th January 2026 - Mike Davies -"Women Not Allowed" The history of working men's clubs.

24th February 2026 - Kevin Patience - "Shout at the Devil"

The Destruction of the German cruiser KONIGSBERG -1915

24th March 2026 - AGM of Bournemouth and District CSPA

28th April 2026 - Richard Hutley - Bigfoot - Fact or Fiction?

Bigfoot (otherwise known as Sasquatch) is a Cryptic large half man, half ape creature reportedly roaming the forests, mountains and uninhabited wilderness of North America. Evidence suggests that these creatures exist, supported by Native American folklore stretching back long before the arrival of Europeans.