

IMPARTIAL NEWS + INTELLIGENT DEBATE

EXCLUSIVE

The 43 areas getting England's first NHS neighbourhood health services

Health Secretary Wes Streeting wants to bring more care for patients out of hospitals and into the community



Health Secretary Wes Streeting. The initiative is part of a major strategic shift to keep more patients – particularly the elderly – out of hospital (Photo: Jordan Pettitt/PA)



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The areas of England that will benefit from the first wave of new <u>NHS</u> "neighbourhood health services" are being revealed today.

Patients with multiple or long-term health conditions in 43 communities will be the first to be offered "end-to-end care" from teams of NHS doctors and nurses, as well as social care workers, dentists, mental health support and other health practitioners, depending on their medical needs.

The neighbourhood health teams, led by local GP practices, will offer patients bespoke care plans.

These could include immediate treatment such as antibiotics, but also support for tackling the wider causes of their health issue, such as weight management services or health coaching at local leisure centres for type 2 diabetes.

Help for patients with chronic conditions

The neighbourhood health services, first unveiled in the <u>NHS 10-year plan</u> in July, are designed to end the "maze" of referrals to different specialists that patients with chronic or complex issues currently have to navigate.

The initiative is part of a major strategic shift announced by <u>Health Secretary Wes Streeting</u> to keep more patients – particularly the elderly – out of hospital and receiving treatment in the community instead.

Areas with the lowest life expectancy or highest deprivation are being targeted in the first wave of 43 neighbourhood health services, but the Government hopes to eventually roll out the scheme nationwide.

By offering a more tailored, holistic approach to an individual's issues, it is hoped that complications are spotted earlier, or prevented altogether, and that the frustration of patients being passed around the system can be avoided.

The teams will initially focus on supporting people with long-term conditions such as diabetes, arthritis, angina, high blood pressure, MS or epilepsy, in areas with the highest deprivation.

The first areas where patients can access neighbourhood health teams

| health teams | | |
|----------------------------------|-----------------------|--|
| South and West Hertfordshire (De | ecorum and Hertsmere) | |

Ipswich and East Suffolk

North East Essex

Barking and Dagenham

Hillingdon

Lambeth and Southwark

Croydon

Walsall

Coventry

Shropshire

Leicestershire (West)

Nottingham City

North East Lincolnshire

| Stockton |
|---|
| Rotherham |
| Bradford and Craven (Bradford South, Keighley and Airedale) |
| Sefton |
| Rochdale |
| Blackburn and Darwen |
| East Berkshire and Slough |
| Portsmouth |
| East Kent |
| East Surrey (Surrey Downs) |
| Bristol (South Bristol) |
| Cornwall and The Isles Of Scilly |
| Dorset Place (Weymouth) |
| West Essex |
| West Suffolk |
| Kensington/Chelsea and Westminster (Regents Health Westminster, Brompton South West London) |
| East Birmingham |
| Solihull |
| Herefordshire |
| Sunderland |
| Doncaster |
| Wakefield |
| Leeds (Hatch, South, East) |
| St Helens |
| Stockport |
| Buckinghamshire (North, High Wycombe, Marlow, Beaconsfield) |
| East Sussex (Hastings and Rother) |
| Woodspring |
| Morecambe Bay |
| Fenland, Peterborough and East, Peterborough Partnerships |

Eventually, the Government hopes to have a nationwide network of neighbourhood health centres that will bring hospital-based services, such as diagnostics, post-operative care and rehabilitation, into the community.

NHS centres could offer debt advice

They could also offer services such as debt advice, employment support and smoking cessation or weight management services.

The initial roll-out to 43 areas is being funded by a £10m investment – to help GPs appoint people to lead the teams.

Neighbourhood health teams are expected to include existing community nurses, hospital doctors, social care workers, pharmacists, dentists, optometrists, paramedics, social prescribers, local government organisations and the voluntary sector.

It is also expected that patients' care plans would be co-ordinated on the NHS app.

Under the new voluntary neighbourhood health contracts, GPs can choose to be part of either a single neighbourhood or multi-neighbourhood provider. A single neighbourhood will deliver enhanced services for around 50,000 people – while a multi-neighbourhood provider will serve around 250,000 people.

Data from the Department of Health and Social Care shows that a community health scheme in London lowered A&E admissions by 7 per cent, and hospital admissions by 10 per cent, in its first year of operation.

A similar initiative in Cornwall lowered unplanned GP appointments by 7 per cent, increased the likelihood of vaccination by 47 per cent, and cancer screening and NHS health checks by 82 per cent.

Ruth Rankine, primary care director and neighbourhood lead at the NHS Confederation, said: "This programme provides a vital opportunity to build on the strengths of local partnerships, community assets, and frontline innovation and we look forward to supporting systems and neighbourhoods in sharing learning, scaling best practice, and ensuring that improvements are inclusive, sustainable, and driven by the voices of local people."

Daniel Elkeles, chief executive of NHS Providers, said: "This is a pivotal moment as the NHS nationally embraces what the NHS locally has already started –transforming services to provide tailored healthcare to the people who need it most in their homes and local communities."

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Rachel Power, chief executive of the Patients Association, said: "Locating services in more convenient places for patients can mean earlier support, quicker diagnosis, and fewer barriers to accessing vital treatment."

Vic Rayner, CEO of the National Care Forum, said: "It is crystal-clear that this fundamental shift from acute to community services can only

NHS

ADHD and bipolar patients face medicine delays even when drugs are in stock be achieved with social care at its heart."

Health secretary Wes Streeting said the services would "fundamentally reimagine how the NHS works" and tackle "shameful health inequalities.

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"Through our Plan for Change, we will stop people from being bounced around a broken system as we get the health service back on

its feet."